



The Future Foundation School

**NOTICE FOR CO – SCHOLASTIC ACTIVITIES
SESSION 2020 - 2021
CLASS – III – VIII
CLASS – IX – XII (Optional)**

Revised time for the activities

Attendance is compulsory on Saturday.

Reminder for the timings for all Co-Scholastic Activities:

GROUP – A (Compulsory) Time: 8:50 am – 12:30 pm – In Campus

Activity	Venue Time: 8:50 am to 12:30	Activity	Time	Venue
Chess	In Campus	Swimming -(Term-I)	8:30 – 11:30 am	Off Campus
Photography	In Campus	Throwball - (Term-II)	8:30 – 12:30 am	Off Campus
Synthesizer	In Campus	Volleyball (Term-II)	8:30 – 12:30 am	Off Campus
Violin	In Campus	Football	8:30 – 11:45 am	Off Campus
Western Vocal	In Campus	Cricket	9:00 – 12:30 am	Off Campus
Creative Dance	In Campus	Badminton	10:00 – 1:15 pm	Off Campus
Visual Art	In Campus		9:00 – 12:30 pm	
Eurhythmics	In Campus	Athletics	11:00 – 2:00 pm	Off Campus
Karate	In Campus		8:30 – 11:45 am	
Yoga	In Campus	Basketball	10:15 – 1:15 pm	Off Campus

School will organise transport for all Group A Off-Campus Activities. Students availing school bus facility will leave at 1:00 pm from the school.

GROUP B (Optional)

Activity	Venue	Days	Time
Cubs (Boys) (III – IV) Scouts (Boys) (V – VIII)	In Campus / Off Campus	Saturday	12:30 – 2:00 pm
Bulbul (Girls) (III – IV) Guides (Girls) (V-VIII)	In Campus / Off Campus	Saturday	12:30 – 2:00 pm

GROUP C (Optional)

Activity	Venue	Days	Time
Volleyball	In Campus	Friday	02:30 – 04:30 pm / 5:30 pm – 7:15 pm for Scholar
Throwball	In Campus	Monday	02:30 – 04:30 pm / 5:30 pm – 7:15 pm for Scholar
Table Tennis	In Campus	Mon,Wed,Fri	02:30 – 4:30 pm / 5:30 pm – 7:15 pm for Scholar
Gymnastics	In Campus	Mon & Wed	02:30 – 04:30 pm / 5:30 pm – 7:15 pm for Scholar
Mini Tennis (Class I – V)	In Campus / Off Campus	Either on Mon & Thurs or Tue & Fri	02:30 – 4:15 pm / 5:30 pm – 7:15 pm for Scholar
Kho-kho	In Campus	Wednesday	02:30 – 4:30 pm / 5:30 pm – 7:15 pm for Scholar
Basketball	Off Campus	Sunday	10:15 am – 1:15 pm
	In Campus	Tuesday	02:30 – 04:30 pm / 5:30 pm – 7:15 pm for Scholar
Golf *	Tolly Club	Twice a week	1 hr. in the afternoon
Tennis * (Class VI – VIII)	Eastern Metropolitan Club	Any 2 days Except Monday	1 hr. in the afternoon
Rowing * (Swimmers only)	Calcutta Rowing Club	Friday Tue – Sun*	3:00 – 5:30 pm *6:00 – 9:00 am

- **There is an external examination for every child at the end of completion of 3 years of CSA.**
- A note regarding the option for Rowing needs to be put in the school diary and shown to the Head – Programme Initiatives.
- Students of Classes V to VIII, those who are interested to practice for additional time in Sports Activity to prepare for District, State & National levels may contact the Head of Physical Education Department.
- Girls who are interested to be in the school's :
 - Football Team
 - Cricket Team
 - Basketball Team
 - Throwball Team
 - Khokho Team

for, **The Future Foundation School**

Sharmila Ghose
Head – Programme Initiatives
February 14, 2020

Must contact Mr. Satya Prakash Mishra
(In-charge Physical Education)